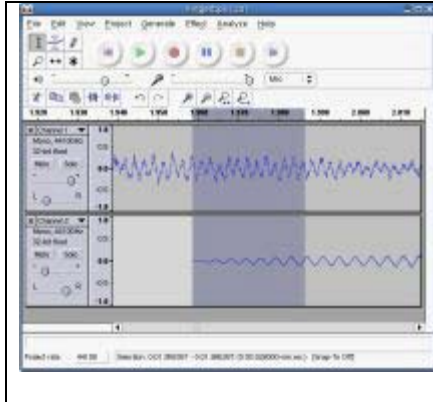


Audacity

Audacity is a free, cross-platform sound editor. Download it and the LAME encoder.



Audacity® is free, open source software for recording and editing sounds. It is available for Mac OS X, Microsoft Windows, GNU/Linux, and other operating systems. [Learn more about Audacity...](#) Also check our [Wiki](#) and [Forum](#) for more information.

Step 1:

Download the current stable version (not the Beta version) from:

<http://audacity.sourceforge.net/>

Step 2: How do I download and install the LAME MP3 encoder?

Follow these instructions to use the free LAME encoder to export MP3 files with Audacity.

1. Go to the [LAME download page](#).
2. Under "For Audacity on Windows", left-click the link "Lame v3.98.2 for Audacity on Windows.exe" and save the file anywhere on your computer. **Do not right-click the link to the .exe file.**
3. Double-click "**Lame_v3.98.2_for_Audacity_on_Windows.exe**" to launch it (you can safely ignore any warnings that the "publisher could not be verified").
4. Follow the "Setup" instructions to install LAME for Audacity. Do not change the offered destination location of "C:\Program Files\Lame for Audacity".
5. The first time you use the "Export as MP3" command, Audacity will ask for the location of "**lame_enc.dll**". Navigate to "C:\Program Files\Lame for Audacity", select "lame_enc.dll", then click "Open" and "OK".
6. If you prefer the Zip option for the LAME download, save the zip file to anywhere on your computer, extract "lame_enc.dll" to any location, then show Audacity where to find it as in Step 5 above.
7. In case of difficulty, please view our [more detailed instructions](#) on the [Audacity Wiki](#).

Record live audio. Export your WAV file as an MP3

1. Open Audacity. Click on the red Record button. It records the file as a WAV (sound), and it also creates an Audacity project file. The WAV file can be played back. It is high quality.
2. Do you need to export your file as an MP3 sound file? In Audacity, open your Audacity project. Open your WAV file. Play it back. Then go to FILE menu, and select Export as MP3.